**ABSTRACT**

Migraine, which causes severe headaches and other symptoms, can be addressed with natural ingredients such as garlic and peppermint oil. Garlic has anti-inflammatory and vasodilatory properties, while peppermint oil can relieve pain and migraine symptoms through menthol. This study aims to examine the potential of both as natural migraine treatments at Sekolah Pribadi Bandung, considering the growing interest in aromatherapy in Indonesia as an alternative with minimal side effects. This research uses an experimental method with data obtained from quantitative data on antioxidant testing of aromatherapy, effectiveness testing of aromatherapy, physical stability testing of aromatherapy, homogeneity testing, cycling test, as well as organoleptic and hedonic tests. The results of the study show that formulation F1 has good antioxidant activity, is able to calm the mind, and enhance relaxation. In terms of physical stability, formulation F1 remains homogeneous up to day 21, has a safe pH (6), and is stable in the cycling test without significant changes.